



# CDC U7/U8 GIRL'S APPRENTICESHIP (2019/2018)

## SUMMER 2026

### Program Overview – Club Development Center (CDC)

The **Club Development Centre (CDC)** is a programme for **children born in 2019/2018 (U7/U8 girls)** who wish to progress in soccer while maintaining the pleasure of playing. The program is supervised by young educators as well as a certified educator with a minimum License C, guaranteeing a structured and safe learning environment. This program is open to all, however places are limited in order to respect the educator/player ratios required by Soccer Quebec.

👉 The date of registration is the only criterion for admission

### Program Content

#### Duration:

The program runs:

📅 **From May 18, 2026 until the week of August 31, 2026**

#### Frequency:

The CDC is offered **once or twice a week** for U7/U8 girls (born in 2019/2018).

### Types of sessions

#### 🏆 CDC Session – Club Development Centre

Session conducted in the form of workshops with qualified educators.

It includes **4 workshops of 12 minutes**, covering the essential aspects of development at this age:

- ✅ Technical workshop
- ✅ Motor skills / coordination workshop
- ✅ Fun games workshop
- ✅ Match workshop (small situations played)

🎥 **Explanatory video – [CLICK HERE](#)**

🏆 **Match Set:** 4 matches of 10 minutes of 4 vs 4 (or even 5 vs 5). No practice (mainly matches).

CATEGORY	TYPE	DAY	TIME	LOCATION
U7/U8 GIRLS (2019/2018)	CDC	MONDAY	5:15 PM TO 6:15 PM	ALLEN 1 ( <a href="#">CLICK HERE</a> )

**AND/OR**





CATEGORY	TYPE	DAY	TIME	LOCATION
U7/U8 GIRLS (2019/2018)	MATCH BOARD	THURSDAY	6:00 PM TO 7:00 PM	GRANDE-RIVIERE (synthetic) <a href="#">CLICK HERE</a>

## Pricing

PRICING	1 PRACTICE/WEEK	2 PRACTICES/WEEK
	\$270*	\$460*

\*An affiliation fee of \$74 is to be added which covers the period from May 1, 2026 to April 30, 2027

## Gatherings – Match Sets

During the season, gatherings will be organized to bring together all the U7/U8 girls players (born in 2019/2018). These meetings will allow children to participate in several small matches in a dynamic, fun and stimulating atmosphere.

### Tray format

- ⚽ 4 vs 4 matches (or 5 vs 5 depending on the number of players present)
- 🕒 Total time : 50 minutes
- ⚽ Structure : 4 matches of 10 minutes each

These boards offer players the opportunity to:

- meet up with friends 🤝 😊
- put into practice what the CDC ⚽ 🧠
- discover the game in real situation 🎯 🏃
- evolve in an environment without ranking and without pressure ☀️ 😊

### ⚠️ Archive ⚠️

These gatherings are offered in addition to the program(s) selected during online registration. They are not a substitute for any CDC session or the chosen program: they are additional activities that add fun and play time to participants.

**Here are the different dates** (a convening email will be sent a few days before each event)

DATE	SCHEDULE	LOCATION	TYPE
SATURDAY 09 MAY 2026	10:10 a.m. to 11:00 a.m.	GRANDE-RIVIERE (synthetic) <a href="#">CLICK HERE</a>	Pre-season gathering - identification
SATURDAY, JUNE 20, 2026	11:45 a.m. to 12:35 p.m.	GRANDE-RIVIERE (synthetic) <a href="#">CLICK HERE</a>	Rassemblement



<b>SATURDAY, JULY 18, 2026</b>	<b>11:45 a.m. to 12:35 p.m.</b>	<b>GRANDE-RIVIERE (synthetic) <a href="#">CLICK HERE</a></b>	Rassemblement
<b>SATURDAY, AUGUST 22, 2026</b>	<i>Schedule TBD</i>	<b>DARCY MCGEE (synthetic) <a href="#">CLICK HERE</a></b>	End of season festival U4 to U8

**! In case of cancellation (weather conditions)**

In the event of inclement weather (e.g., **high heat, thunderstorms, torrential rain**), information regarding the cancellation of a training session will be communicated on the following platforms:

- **Site web** : aylmersoccer.qc.ca
- **CS Aylmer Facebook page**
- **Instagram du CS Aylmer**
- **SPOND application** (calendar of events and attendance)

**✦ Important**

Training sessions **cancelled due to bad weather** are not resumed.

## Equipment

### Equipment provided by the club

The club provides each player:

**1 sweater**

**1 shorts**

**1 pair of socks**



An email will be sent to you to inform you of the distribution date.

### Equipment for your child to bring

Your child must have:

- **Soccer Shoes**
- **Shin guards (mandatory)**
- **Named water bottle or water bottle**

## Your registration fee includes

### What the program fee includes

Your registration covers:

**Your child's affiliation with Soccer Québec and Soccer Outaouais**

*(insurance, annual affiliation, official recognition)*

**Practice uniform**

*(sweater, shorts, socks)*

**The administrative and sporting operating costs of the club**, including:

- Supervision of educators



- **equipment** used during the sessions
- **Land Management**
- **Logistical monitoring** and programme management

## **Registration procedure**

To register your child:

1. Visit our website: [aylmersoccer.qc.ca](http://aylmersoccer.qc.ca)
2. Click on the **REGISTRATION** tab in the main menu.
3. Follow the steps to complete the online registration.

 **Registration opens: Monday, February 16, 2026**

 **Archive**

**Service fees** charged by the provider are applicable during online registration.

