



Discovery U5 MIXED (2021)

SUMMER 2026

Program Overview

The Discovery Soccer program is designed for children **born in 2021 (U5 mixed)** who wish to develop their soccer skills while promoting enjoyment and socialization in a stimulating environment.

The program is led by young instructors as well as a coach certified at a minimum C License level, ensuring a structured and safe learning environment.

This program is open to everyone; however, spots are limited in order to comply with the coach-to-player ratios required by Soccer Québec.

👉 Registration date is the only admission criterion.

Program Content

Duration :

The program runs :

📅 **From May 25, 2026 until the week of August 17, 2026**

🏆 **Week 7 (mid-season): Matches only, with the theme: "On the Road to the World Cup."**

🏁 **Closing: End-of-season festival on Saturday, August 22.**

Frequency :

Training is offered once per week for U5 mixed boys and girls (born in 2021).

Option to choose between several time slots at Bois-Franc :

- **Tuesday 5:20 PM to 6:15PM**
- **Wednesday 6:35 PM to 7:30 PM**
- **Thursday 5:20PM to 6:15PM**

Types of Sessions

⚽ Discovery Session

Sessions are conducted in a workshop format with one certified coach (minimum C License) and six trainee coaches.

Volunteer parents may assist our coaches by supporting the various workshops and helping manage matches. Maximum of 48 players per time slot.

It includes 4 workshops of 10 minutes each, covering the essential aspects of development at this age :

- ✓ **2 Workshops (Technical, motor skills, educational games)**
- ✓ **Match (Small game situations)**



CHOICE	DAY	TIME	LOCATION
1	TUESDAY	5:20 PM to 6:15PM	BOIS-FRANC (CLICK HERE)

OU

CHOICE	DAY	TIME	LOCATION
2	WEDNESDAY	6:35 PM to 7:30 PM	BOIS-FRANC (CLICK HERE)

OU

CHOICE	DAY	TIME	LOCATION
3	THURSDAY	5:20PM to 6:15PM	BOIS-FRANC (CLICK HERE)

Pricing

	1 PRACTICE
Pricing	210\$*

**An additional \$74 affiliation fee applies, covering the period from May 1, 2026, to April 30, 2027.*

! In Case of Cancellation (Weather Conditions)

If bad weather occurs (e.g., extreme heat, thunderstorm, heavy rain), information about training cancellations will be communicated on the following platforms:

- Website: aylmersoccer.qc.ca
- CS Aylmer Facebook page
- CS Aylmer Instagram
- SPOND app (event calendar & attendance)

📌 Important:

Training sessions canceled due to weather conditions will not be rescheduled.

Equipment

Equipment Provided by the Club

Each player will receive :

1 jersey

1 short

1 paire of socks






A email will be sent to inform you of the distribution date.

📦 Equipment Your Child Must Bring

Your child is required to bring:




-  Soccer shoes
-  Shin guards (this is not mandatory)
-  Personalized water bottle or water bottle with name on it

Your registration fees include

What the Program Fees Include

Your registration covers :

 **Your child's affiliation with Soccer Québec and Soccer Outaouais**
(insurance, annual affiliation, official recognition)

 **Practice uniform**
(jersey, shorts, socks)

 **Club administrative and sporting operating costs, including:**

- Supervision of coaches
- Equipment used during sessions
- Field management
- Program logistics and management

Registration Procedure

To Register Your Child:

1. Go to our website: aylmersoccer.qc.ca
2. Click on the **REGISTRATION** tab in the main menu.
3. Follow the steps provided to complete the online registration.

 **Registration Opens: Monday, February 16, 2026**

Important

Service fees charged by the provider apply during online registration.